

NECTARINES

100% Made in Italy

Medium Caliber

Crisp and sugary, nectarines combine the sweet taste of peaches with their firm, velvety flesh. Rich in vitamins and antioxidants, they are perfect for cooling off on hot summer days.



Nutrient	Value	Nutrient	Value
Energy	28 kcal	Water	87,6 g
Protein	0,8 g	Lipids	0,1 g
Carbohydrates	6,4 g	Soluble sugars	6,4 g
Total fiber	1,7 g	Calcium	6 mg
Phosphorus	20 mg	Iron	0.3 mg
Vitamin C	5 mg	Vitamin A ret. eq.	17 µg



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